

2026 Achievement

Champion x42 First runner-up x38 Second runner-up x31 Third runner-up x0

Pre-season Athletics Trial Cum Relay Carnival 2026

Champion x1 First runner-up x1 Second runner-up x2

招慧欣	Champion	JT	39.38m
張嘉霖	First runner-up	400mh	58.30s
唐穎思	Second runner-up	HT	37.03m
湯灝賢	Second runner-up	DT	42.33m

公民田徑錦標賽 2026第1站

MVP x4 Champion x16 First runner-up x5 Second runner-up x3

羅詩瑗	Champion	100mh	20.34s
唐穎思	Champion	DT	22.27m
湯灝賢	Champion	DT	
陳以安	First runner-up	100mh	20.92s
陳以安	First runner-up	HJ	1.30m
曾婉雯	Second runner-up	DT	20.52m
梁美怡	Second runner-up	JT	28.01m

Kid Team:

文彥翎	MVP	2017	
周穎康	MVP	2017	
周穎詩	MVP	2016	
鄧祉朗	MVP	2020	
文彥翎	Champion	60m	
文彥翎	Champion	100m	
文彥翎	Champion	200m	
文彥翎	Champion	LJ	
周穎詩	Champion	200m	
周穎詩	Champion	HJ	
鄧祉朗	Champion	60mh	
鄧祉朗	Champion	Standing LJ	
鄧祉朗	Champion	Softball	
周穎康	Champion	HJ	
周穎康	Champion	Softball	
林詠琛	Champion	SP	
文竣源	Champion	400m	
鄧祉朗	First runner-up	100m	
周穎康	First runner-up	LJ	
周穎詩	First runner-up	Softball	
周穎康	Second runner-up	200m	

公民田徑錦標賽 2026第2站

MVP x1 Champion x12 First runner-up x9 Second runner-up x4

何穎曦	Champion	100mh	15.91s
何欣霖	Champion	100mh	18.85s
麥子正	Champion	110mh	15.65s
曾婉雯	Champion	100mh	17.96s

周穎詩	Champion	400m							
周穎詩	Champion	200m							
文彥翎	First runner-up	400m							
呂卓堃	First runner-up	Softball							
周穎詩	Second runner-up	LJ							
周穎康	Second runner-up	Softball							
徐若凡	Second runner-up	Softball							

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

First runner-up x1									
唐穎恩	First runner-up	SP	10.16m						

The 64th USFHK Annual Athletic Meet

First runner-up x1 Second runner-up x3									
招慧欣	First runner-up	JT	45.51m						
龍靖玲	Second runner-up	DT	32.65m						
吳思滂	Second runner-up	DT	39.12m						
吳思滂	Second runner-up	SP	11.53m						

Hong Kong Athletics Series 2026 - Series 2

Champion x1 First runner-up x2 Second runner-up x1									
招慧欣	Champion	Heptathlon							
張嘉霖	First runner-up	400mh	56.41s						
湯灝賢	First runner-up	DT							
唐穎恩	Second runner-up	HT	36.49m						

Hong Kong Junior Age Group Athletic Competition 2026 - 2

Champion x6 First runner-up x12 Second runner-up x9									
吳思滂	Champion	DT	41.45m						
張嘉霖	Champion	400mh	58.71s						
梁美怡	First runner-up	DT	22.80m						
梁美怡	First runner-up	JT	28.89m						
何穎曦	First runner-up	100mh	15.75s						
麥子正	First runner-up	110mh	14.98s						
潘芷然	First runner-up	HJ	1.48m						
藍嘉瑩	First runner-up	60mh	12.17s						
吳思滂	Second runner-up	SP	11.98m						
陳以安	Second runner-up	HJ							
-Kid Team:									
周穎詩	Champion	400m							
周穎康	Champion	Softball							
凌毅思	Champion	60mh							
洪心澄	Champion	JT							
周穎詩	First runner-up	LJ							
周穎康	First runner-up	400m							
文彥翎	First runner-up	400m							
文彥翎	First runner-up	200m							
張君男	First runner-up	SP							
呂卓堃	First runner-up	Softball							

周穎詩	Second runner-up	200m							
周穎康	Second runner-up	LJ							
林詠琛	Second runner-up	SP							
李卓階	Second runner-up	SP							
蔡子種	Second runner-up	Softball							
T.Y. Disciples	Second runner-up	4x100m							
龍影童	Second runner-up	60mh							
* All records and statistics are current as of 7th April, 2026									