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| 2020 Achievement | | | | | |
| Champion x2 First runner-up x3 Second runner-up x1 | | | | | |
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| ASICS Hong Kong Junior Age Group Athletic Championships 2020 | | | | | |
| Champion x2 First runner-up x3 Second runner-up x1 | | | | | |
| Tong Ka Wai | Champion | 110mh | 15.26s | | |
| Chung Cheuk Lam | Champion | DT | 28.43m | | |
| Long Jing Ling | First runner-up | 100mh | 17.30s | | |
| Sy Sai Hung | First runner-up | DT | | | |
| Lu Shun Pan | First runner-up | DT | | | |
| Lu Shun Pan | Second runner-up | JT | 48.75m | | |