

2025 Achievement

Champion x120 First runner-up x83 Second runner-up x52 Third runner-up x10

Pre-season Athletics Trial Cum Relay Carnival 2025

First runner-up x2 Second runner-up x3

唐穎恩	First runner-up	HT	33.35m
張嘉霖	First runner-up	400mH	58.77s
呂信儕	Second runner-up	JT	52.32m
謝梓睿	Second runner-up	400mH	59.25s
招慧欣	Second runner-up	JT	39.5m

Hong Kong Athletics Series 2025 - Series 1

Second runner-up x3

吳思澎	Second runner-up	SP	11.95m
唐穎恩	Second runner-up	HT	31.67m
湯瀨賢	Second runner-up	DT	

Hong Kong Athletics Series 2025 - Series 2

Champion x1 First runner-up x1

招慧欣	Champion	JT	44.81m
吳思澎	First runner-up	SP	12.17m

Hong Kong Athletics Series 2025 - Series 3

Champion x1 First runner-up x1

招慧欣	Champion	JT	43.10m
張嘉霖	First runner-up	400mH	55.68s

Hong Kong Athletics Series 2025 - Series 4

Champion x1 First runner-up x1 Second runner-up x1

招慧欣	Champion	Heptathlon	4584
吳思澎	First runner-up	DT	40.58m
湯瀨賢	Second runner-up	DT	

Hong Kong Athletics Open Meet 2025

First runner-up x2 Second runner-up x1

張嘉霖	First runner-up	400mH	57.51s
招慧欣	First runner-up	JT	41.06m
唐穎恩	Second runner-up	HT	36.39m

Hong Kong Athletic Championships 2025

Second runner-up x2

招慧欣	Second runner-up	JT	42.19m
湯瀨賢	Second runner-up	DT	

The 62rd USFHK Annual Athletic Meet

Champion x1 First runner-up x1

招慧欣	Champion	JT	46.00m
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張嘉霖	First runner-up	400mH	56.40s					

The 10th Hong Kong Masters Athletics Championships

Champion x3								
Tong Ho Yin	Champion	DT						
Roy	Champion	DT						
Roy	Champion	SP						

Hong Kong Junior Age Group Athletics Championships 2025

Champion 5, First runner-up 7, Second runner-up 2								
湯灝賢	Champion	DT						
招慧欣	Champion	Heptathlon	4544					
何穎曦	Champion	100mH	15.16s					
林靖桐	Champion	LJ	4.59m					
吳思澎	Champion	DT	42.34m					
陳以安	First runner-up	60mH	11.39s					
林靖桐	First runner-up	100mH	16.73s					
麥子正	First runner-up	110mH	14.87s					
張文熹	First runner-up	110mH	14.46s					
蔡子謙	First runner-up	110mH	15.52s					
潘芷然	First runner-up	HJ	1.46m					
張裕誠	First runner-up	DT	39.56m					
曾婉雯	Second runner-up	100mH	16.72s					
李明珠	Second runner-up	Heptathlon	3127					

Hong Kong Junior Age Group Athletic Competition 2025 - 1

Champion x15 First runner-up x10 Second runner-up x3								
張裕誠	Champion	DT	40.43m					
吳思澎	Champion	SP	12.89m					
林靖桐	Champion	100mH	17.60s					
林紫宇	Champion	SP	9.35m					
麥子正	Champion	110mH	14.42s					
王文雅	Champion	DT	18.54m					
周穎詩	Champion	200m						
周穎詩	Champion	400m						
林靖桐/潘芷然	Champion	2x100mH	38.37s					
蘇宛姿/曾婉雯	Champion	2x100mH	34.22s					
何穎曦/蔡子謙	Champion	2x110mH	34.70s					
林靖桐/蘇柏龍	Champion	2x110mH	40.30s					
麥子正/李明珠	Champion	2x110mH	34.10s					
蕭楠香/謝梓睿	Champion	2x110mH	35.00s					
張文熹/謝梓睿	Champion	2x110mH	31.20s					
蘇楚淇	First runner-up	400mH	01:16.9					
吳思澎	First runner-up	DT	40.31m					
曾婉雯	First runner-up	DT	23.68m					
謝梓睿	First runner-up	110mH	14.20s					
蔡子謙	First runner-up	110mH	16.33s					
樊瑋謙	First runner-up	Pentathlon	1860					
蔡明慧	First runner-up	DT	21.42m					

周穎詩	First runner-up	LJ						
周穎康	First runner-up	LJ						
何穎曦/鄭凱彤	First runner-up	2x100mH	34.66s					
唐穎恩	Second runner-up	SP	10.41m					
郭泳鋒	Second runner-up	JT	49.34m					
潘芷然	Second runner-up	HJ	1.42m					

Hong Kong Junior Age Group Athletic Competition 2025 - 2

Champion x6 First runner-up x5 Second runner-up x1			
吳思澎	Champion	DT	40.43m
吳思澎	Champion	SP	13.47m
蘇楚淇	Champion	100mH	17.78s
麥子正	Champion	110mH	14.17s
周穎詩	Champion	HJ	1.05m
周穎詩	Champion	SB	13.83m
張裕誠	First runner-up	DT	38.37m
蔡子謙	First runner-up	110mH	15.95s
曾婉雯	First runner-up	DT	26.78m
周穎詩	First runner-up	LJ	2.94m
周穎康	First runner-up	HJ	0.95m
冼澤斌	Second runner-up	DT	29.03m

Hong Kong Junior Age Group Athletic Competition 2025 - 4

Champion x7 First runner-up x5 Second runner-up x2			
張文熹	Champion	110mH	14.94s
吳思澎	Champion	DT	42.10m
周穎詩	Champion	LJ	3.52m
周穎詩	Champion	60m	9.76s
周穎詩	Champion	200m	33.63s
周穎詩	Champion	400m	1m17s
洪心澄	Champion	JT	
張裕誠	First runner-up	DT	38.39m
蔡子謙	First runner-up	110mH	15.74s
曾麗仁	First runner-up	LJ	4.36m
張凱晴	First runner-up	JT	30.96m
周穎康	First runner-up	200m	34.81s
吳思澎	Second runner-up	SP	12.54m
洪柏琛	Second runner-up	U8	Softball

Hong Kong Junior Age Group Athletic Competition 2025 - 5

Champion x8 First runner-up x9 Second runner-up x2			
周穎詩	Champion	400m	
周穎詩	Champion	LJ	3.67m
周穎詩	Champion	200m	32.56s
吳思澎	Champion	DT	42.81m
蔡子謙	Champion	110mH	16.12s
麥子正	Champion	60mH	8.05s
何穎曦	Champion	100mH	15.70s
周穎康	Champion	Softball	19.61m

周穎詩	First runner-up	100m	15.36s							
曾婉雯	First runner-up	DT	25.90m							
潘芷然	First runner-up	HJ	1.42m							
冼澤斌	First runner-up	DT	29.22m							
張裕誠	First runner-up	DT	40.75m							
張凱晴	First runner-up	JT	24.95m							
洪心澄	First runner-up	JT	23.32m							
周穎康	First runner-up	200m	35.39s							
周穎康	First runner-up	LJ	3.21m							
梁美怡	Second runner-up	JT	24.23m							
郭泳鋒	Second runner-up	JT	45.19m							

WAC Annual Challenge 2025 - Hong Kong Junior Age Group Athletic Competition 2025 - 6

Champion x2 First runner-up x4 Second runner-up x1

吳思澎	Champion	DT	42.11m							
麥子正	Champion	110mH	14.02s							
張裕誠	First runner-up	DT	36.28m							
李明珠	First runner-up	100mH	17.73s							
周穎詩	First runner-up	LJ	3.72m							
張凱晴	First runner-up	JT	32m							
謝梓睿	Second runner-up	110mH	14.40s							

Hong Kong Junior Age Group Athletic Competition 2025 - 7

Champion x3 First runner-up x2 Second runner-up x2

謝梓睿	Champion	110mH	14.24s							
張裕誠	Champion	DT	37.08m							
周穎康	Champion	HJ	1.00m							
蔡子謙	First runner-up	110mH	15.52s							
周穎詩	First runner-up	HJ	1.10m							
李明珠	Second runner-up	100mH	17.02s							
周穎詩	Second runner-up	LJ	3.55m							

68th FOS Youth and Kids Athletics Day 2025

Champion x1 First runner-up x1 Second runner-up x3

蔡子謙	Champion	110mH	15.79s							
蘇宛姿	First runner-up	100mH	16.81s							
張文熹	Second runner-up	110mH	14.44s							
林紫宇	Second runner-up	SP	9.08m							
郭泳鋒	Second runner-up	JT	44.59m							

公民田徑錦標賽 2025 第1站

Champion x23 First runner-up x13 Second runner-up x10

林紫宇	Champion	SP	10.33m							
冼澤斌	Champion	DT	29.62m							
林靖桐	Champion	100mH	18.29s							
陳敏嘉	Champion	DT	33.22m							
唐穎思	Champion	DT	24.40m							
蔡子謙	Champion	110mH	16.41s							
曾婉雯	Champion	DT	22.80m							

梁美怡	Champion	JT	27.71m							
吳思澎	Champion	DT	41.50m							
鄧穎瑜	Champion	JT	19.90m							
樊瑋謙	Champion	DT	29.78m							
蔡明慧	Champion	DT	20.96m							
麥子正	Champion	110mH	14.56s							
招慧欣	Champion	LJ	5.37m							
李瑞才	Champion	SP	11.42m							
郭泳鋒	Champion	JT	48.04m							
蘇柏龍	Champion	100mH	19.26s							
蘇楚淇	Champion	100mH	17.54s							
湯瀨賢	Champion	DT								
林紫宇	First runner-up	DT	18.08m							
潘芷然	First runner-up	100mH	20.26s							
溫文琦	First runner-up	100m	12.88s							
凌諾恒	First runner-up	JT	40.19m							
唐穎恩	First runner-up	SP	11.18m							
楊翼祺	First runner-up	JT	20.77m							
張裕誠	First runner-up	DT	40.52m							
謝梓睿	First runner-up	110mH	14.81s							
龍靖玲	First runner-up	DT	31.63m							
呂信儕	First runner-up	DT								
林靖桐	Second runner-up	LJ	4.58m							
蘇庭希	Second runner-up	JT	36.21m							
張文熹	Second runner-up	110mH	14.96s							
趙睿詩	Second runner-up	100mH	21.39s							
姚諾楠	Second runner-up	400m	59.66s							
劉卓威	Second runner-up	DT	31.94m							
蘇俊然	Second runner-up	DT								

-Kid Team:

周穎詩	Champion									
周穎詩	Champion									
李坤儒	Champion	Standing TJ								
李灝茹	Champion	Standing TJ								
周穎詩	First runner-up	60m								
周穎康	First runner-up	Softball								
Ronny Wong	First runner-up	100mH								
周穎康	Second runner-up	Standing TJ								
陳以信	Second runner-up	Softball								
影童	Second runner-up	HJ	0.95m							

公民田徑錦標賽 2025第3站

Champion x11 First runner-up x4 Second runner-up x3

郭泳鋒	Champion	JT	47.16m							
蘇庭希	Champion	DT	31.26m							
溫文琦	Champion	100m	13.26s							
麥子正	Champion	110mH	14.66s							
張文熹	Champion	110mH	14.73s							
蔡子謙	Champion	110mH	16.56s							

梁美怡	Champion	JT	22.88m							
曾麗仁	Champion	LJ	4.32m							
吳思澎	Champion	DT	43.08m							
龍靖玲	Champion	DT	34.38m							
湯灝賢	Champion	DT								
凌諾恆	First runner-up	JT	38.73m							
謝梓睿	First runner-up	110mH	15.28s							
陳敏嘉	First runner-up	DT	33.17m							
樊瑋謙	First runner-up	DT	30.33m							
蘇庭希	Second runner-up	JT	37.21m							
蘇宛姿	Second runner-up	100mH	17.60s							
林芷筠	Second runner-up	LJ	3.79m							

公民田徑錦標賽第 5 站

Champion 7, First runner-up 3, Second runner-up 5

湯灝賢	Champion	DT	44.53m							
麥子正	Champion	110mH	14.27s							
周穎詩	Champion	200m	31.47s							
周穎詩	Champion	HJ	1.10m							
周穎詩	Champion	LJ	3.55m							
蔡子謙	Champion	110mH	15.77s							
李明珠	Champion	100mH	16.82s							
溫文琦	First runner-up	100m	13.14s							
唐穎思	First runner-up	DT	24.42m							
洗澤斌	First runner-up	DT	28.94m							
張文熹	Second runner-up	110mH	15.00s							
黃樂晴	Second runner-up	100mH	21.50s							
黃樂晴	Second runner-up	800m	2m56.3s							
蘇庭希	Second runner-up	JT	41.69m							
潘芷然	Second runner-up	HJ	1.40m							

第39屆新界區際田徑運動大會

Champion x4 First runner-up x2 Second runner-up x2

蘇宛姿	Champion	100mH	17.02s							
麥子正	Champion	110mH	18.03s							
湯灝賢	Champion	DT	42m							
郭泳鋒	Champion	JT	47.80m							
溫文琦	First runner-up	100m	13.03s							
蘇庭希	First runner-up	JT	43.57m							
蘇楚淇	Second runner-up	100mH	19.81s							
胡文旋	Second runner-up	DT	35.09m							

WSE Athletics Competition - 廣州站

First runner-up x3 Second runner-up x1

周穎詩	First runner-up	400m								
周穎詩	First runner-up	800m								
周穎康	First runner-up	800m								
周穎詩	Second runner-up	200m								

全港兒童田徑復活盃 2025							
First runner-up x4 Second runner-up x1							
鄭浚譽	First runner-up	60mH					
鄭浚譽	First runner-up	100m					
鄭浚譽	First runner-up	200m					
羅允兒	First runner-up	20m					
羅允兒	Second runner-up	30m					

114年臺中盃全國中小學田徑賽

Champion x1							
麥子正	Champion	14.00s					

SCHOOLS SPORTS FEDERATION Inter-school Athletics Competition 2025-2026

Champion x23 First runner-up x10 Second runner-up x4 Third runner-up x8							
溫文琦	Champion	200m	26.50s	WTSMC			
林靖桐	Champion	LJ	4.28m	SCGS			
黃卓樂	Champion	LJ	4.43m	SCGS			
曾嘉麗	Champion	LJ	4.60m	LSTC			
張文熹	Champion	TJ	12.85m	WTSMC			
陳玥潔	Champion	HJ	1.32m	TNSS			
潘芷然	Champion	HJ	1.48m	SCGS			
劉卓威	Champion	DT	35.89m	HKSS			
洗澤斌	Champion	DT	38m	WTSMC			
唐穎思	Champion	DT	23.42m	LSTLKKC			
蘇庭希	Champion	DT	33.21m	STCC			
楊翼祺	Champion	JT	25.47m	SCGS			
梁美怡	Champion	JT	28.70m	DMHCSM CR			
郭泳鋒	Champion	JT	45.79m	CLS			
唐穎恩	Champion	SP	9.07m	LSTLKKC			
陳麗嬪	Champion	100mH	17.95s	CLS			
謝梓睿	Champion	110mH	14.42s	CLS			
林靖桐	Champion	100mH	17.07s	SCGS			
何穎曦	Champion	100mH	15.40s	LSTLKKC			
曾婉雯	Champion	100mH	16.15s	WTSMC			
張文熹	Champion	110mH	14.39s	WTAMC			
蔡子謙	Champion	110mH	13.80s	SS			
曾嘉麗	Champion	100mH	16.83s	LSTC			
溫文琦	First runner-up	100m	12.62s	WTSMC			
陳麗嬪	First runner-up	LJ	4.35m	CLS			
陳麗齡沅	First runner-up	LJ	4.26m	SCGS			
王文雅	First runner-up	DT	20.13m	CLS			
郭彬斌	First runner-up	DT	35.31m	SKHKH			
梁美怡	First runner-up	DT	21.13m	DMHCSM			
唐穎恩	First runner-up	JT	27.68m	LSTLKKC			
凌諾恒	First runner-up	JT	44.62m	CFSS			
黃卓樂	First runner-up	100mH	18.49s	SCGS			
蘇宛姿	First runner-up	100mH	16.66s	SKHKH			
蘇宛姿	Second runner-up	LJ	4.61m	SKHKH			
孫嘉源	Second runner-up	DT	28.01m	LSTLKKC			

蘇庭希	Second runner-up	JT	42.32m	STCC						
趙睿詩	Second runner-up	100mH	19.68s	SCGS						
謝梓睿	Third runner-up	400m	11.62s	CLS						
何穎曦	Third runner-up	LJ	4.47m	LSTLKKC						
葉泳鈞	Third runner-up	DT	20.99m	TNSS						
潘芷然	Third runner-up	DT	18.08m	SCGS						
樊瑋謙	Third runner-up	DT	35.02m	CSK						
曾婉雯	Third runner-up	DT	23.16m	WTSMC						
郭泳鋒	Third runner-up	DT	27m	CLS						
談敏蔚	Third runner-up	100mH	19.93s	SCGS						

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Champion x1 Third runner-up x1

麥子正	Champion	110mh	CR							
謝梓睿	Third runner-up	110mh								

香港聯合利華 100週年3公里個人賽

Champion x1 Second runner-up x2

周穎詩	Champion	2016-17 少女1組								
文彥翎	Second runner-up	2016-17 少女1組								
周穎康	Second runner-up	2016-17 少男1組								

Hong Kong Island West Area Inter-Primary Schools Athletic Competition

羅詩璣	First runner-up	LJ	2.99m	SAS						
郭欣洛	Second runner-up	LJ	4.10m	SAS						

2025-2026年度九龍東區小學校際田徑比賽

文彥翎 Third runner-up 60m 10.03s

文彥翎	Third runner-up	60m	10.03s							

2025 - 2026年度九龍北區小學校際田徑比賽

周穎詩	Champion	LJ								
洪心澄	Champion	SP								

2025 - 2026年度九龍西區小學校際田徑比賽

蘇紀霖 Second runner-up LJ

蘇紀霖	Second runner-up	LJ								

2025新星田徑比賽

MVP x3 Champion x12 First runner-up x6 Second runner-up x5

周穎康	MVP	2017 男								
文彥翎	MVP	2017 女								
洪柏琛	MVP	2018 男								
麥淳晞	Champion	60米障礙賽								
周穎詩	Champion	800m								
周穎詩	Champion	400m								
文彥翊	Champion	200m								
文彥翊	Champion	800m								
文彥翊	Champion	400m								
周穎康	Champion	800m								

周穎康	Champion	壘球						
周穎康	Champion	400m						
黃樂晴	Champion	800m						
黃樂晴	Champion	400m						
洪柏琛	Champion	擲豆袋						
洪柏琛	Champion	60mh						
尹梓睿	First runner-up	豆袋						
黃樂恩	First runner-up	60米障礙賽						
陳儼心	First runner-up	100m						
陳儼心	First runner-up	立定跳遠						
繆卓凝	First runner-up	800m						
繆卓凝	First runner-up	400m						
徐若凡	Second runner-up	立定跳遠						
徐若凡	Second runner-up	60m						
黃樂恩	Second runner-up	擲豆袋						
鄧祉朗	Second runner-up	擲豆袋						
周穎詩	Second runner-up	跳遠						