

# 2025 Achievement

**Champion x120 First runner-up x83 Second runner-up x52 Third runner-up x10**

## Pre-season Athletics Trial Cum Relay Carnival 2025

**First runner-up x2 Second runner-up x3**

唐穎恩	First runner-up	HT	33.35m
張嘉霖	First runner-up	400mH	58.77s
呂信儀	Second runner-up	JT	52.32m
謝梓睿	Second runner-up	400mH	59.25s
招慧欣	Second runner-up	JT	39.5m

## Hong Kong Athletics Series 2025 - Series 1

**Second runner-up x3**

吳思澎	Second runner-up	SP	11.95m
唐穎恩	Second runner-up	HT	31.67m
湯灝賢	Second runner-up	DT	

## Hong Kong Athletics Series 2025 - Series 2

**Champion x1 First runner-up x1**

招慧欣	Champion	JT	44.81m
吳思澎	First runner-up	SP	12.17m

## Hong Kong Athletics Series 2025 - Series 3

**Champion x1 First runner-up x1**

招慧欣	Champion	JT	43.10m
張嘉霖	First runner-up	400mH	55.68s

## Hong Kong Athletics Series 2025 - Series 4

**Champion x1 First runner-up x1 Second runner-up x1**

招慧欣	Champion	Heptathlon	4584
吳思澎	First runner-up	DT	40.58m
湯灝賢	Second runner-up	DT	

## Hong Kong Athletics Open Meet 2025

**First runner-up x2 Second runner-up x1**

張嘉霖	First runner-up	400mH	57.51s
招慧欣	First runner-up	JT	41.06m
唐穎恩	Second runner-up	HT	36.39m

## Hong Kong Athletic Championships 2025

**Second runner-up x2**

招慧欣	Second runner-up	JT	42.19m
湯灝賢	Second runner-up	DT	

## The 62rd USFHK Annual Athletic Meet

**Champion x1 First runner-up x1**

招慧欣	Champion	JT	46.00m
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張嘉霖	First runner-up	400mH	56.40s						
<b>The 10th Hong Kong Masters Athletics Championships</b>									
<b>Champion x3</b>									
Tong Ho Yin	Champion	DT							
Roy	Champion	DT							
Roy	Champion	SP							
<b>Hong Kong Junior Age Group Athletics Championships 2025</b>									
<b>Champion 5, First runner-up 7, Second runner-up 2</b>									
湯灝賢	Champion	DT							
招慧欣	Champion	Heptathlon	4544						
何穎曦	Champion	100mH	15.16s						
林靖桐	Champion	LJ	4.59m						
吳思澎	Champion	DT	42.34m						
陳以安	First runner-up	60mH	11.39s						
林靖桐	First runner-up	100mH	16.73s						
麥子正	First runner-up	110mH	14.87s						
張文熹	First runner-up	110mH	14.46s						
蔡子謙	First runner-up	110mH	15.52s						
潘芷然	First runner-up	HJ	1.46m						
張裕誠	First runner-up	DT	39.56m						
曾婉雯	Second runner-up	100mH	16.72s						
李明珠	Second runner-up	Heptathlon	3127						
<b>Hong Kong Junior Age Group Athletic Competition 2025 - 1</b>									
<b>Champion x15 First runner-up x10 Second runner-up x3</b>									
張裕誠	Champion	DT	40.43m						
吳思澎	Champion	SP	12.89m						
林靖桐	Champion	100mH	17.60s						
林紫宇	Champion	SP	9.35m						
麥子正	Champion	110mH	14.42s						
王文雅	Champion	DT	18.54m						
周穎詩	Champion	200m							
周穎詩	Champion	400m							
林靖桐/潘芷然	Champion	2x100mH	38.37s						
蘇宛姿/曾婉雯	Champion	2x100mH	34.22s						
何穎曦/蔡子謙	Champion	2x110mH	34.70s						
林靖桐/蘇柏龍	Champion	2x110mH	40.30s						
麥子正/李明珠	Champion	2x110mH	34.10s						
蕭楠香/謝梓睿	Champion	2x110mH	35.00s						
張文熹/謝梓睿	Champion	2x110mH	31.20s						
蘇楚淇	First runner-up	400mH	01:16.9						
吳思澎	First runner-up	DT	40.31m						
曾婉雯	First runner-up	DT	23.68m						
謝梓睿	First runner-up	110mH	14.20s						
蔡子謙	First runner-up	110mH	16.33s						
樊瑋謙	First runner-up	Pentathlon	1860						
蔡明慧	First runner-up	DT	21.42m						

周穎詩	First runner-up	LJ							
周穎康	First runner-up	LJ							
何穎曦/鄭凱彤	First runner-up	2x100mH	34.66s						
唐穎恩	Second runner-up	SP	10.41m						
郭泳鋒	Second runner-up	JT	49.34m						
潘芷然	Second runner-up	HJ	1.42m						

### Hong Kong Junior Age Group Athletic Competition 2025 - 2

<b>Champion x6 First runner-up x5 Second runner-up x1</b>									
吳思滂	Champion	DT	40.43m						
吳思滂	Champion	SP	13.47m						
蘇楚淇	Champion	100mH	17.78s						
麥子正	Champion	110mH	14.17s						
周穎詩	Champion	HJ	1.05m						
周穎詩	Champion	SB	13.83m						
張裕誠	First runner-up	DT	38.37m						
蔡子謙	First runner-up	110mH	15.95s						
曾婉雯	First runner-up	DT	26.78m						
周穎詩	First runner-up	LJ	2.94m						
周穎康	First runner-up	HJ	0.95m						
冼澤斌	Second runner-up	DT	29.03m						

### Hong Kong Junior Age Group Athletic Competition 2025 - 4

<b>Champion x7 First runner-up x5 Second runner-up x2</b>									
張文熹	Champion	110mH	14.94s						
吳思滂	Champion	DT	42.10m						
周穎詩	Champion	LJ	3.52m						
周穎詩	Champion	60m	9.76s						
周穎詩	Champion	200m	33.63s						
周穎詩	Champion	400m	1m17s						
洪心澄	Champion	JT							
張裕誠	First runner-up	DT	38.39m						
蔡子謙	First runner-up	110mH	15.74s						
曾麗仁	First runner-up	LJ	4.36m						
張凱晴	First runner-up	JT	30.96m						
周穎康	First runner-up	200m	34.81s						
吳思滂	Second runner-up	SP	12.54m						
洪柏琛	Second runner-up	U8	Softball						

### Hong Kong Junior Age Group Athletic Competition 2025 - 5

<b>Champion x8 First runner-up x9 Second runner-up x2</b>									
周穎詩	Champion	400m							
周穎詩	Champion	LJ	3.67m						
周穎詩	Champion	200m	32.56s						
吳思滂	Champion	DT	42.81m						
蔡子謙	Champion	110mH	16.12s						
麥子正	Champion	60mH	8.05s						
何穎曦	Champion	100mH	15.70s						
周穎康	Champion	Softball	19.61m						



梁美怡	Champion	JT	27.71m						
吳思澎	Champion	DT	41.50m						
鄧穎瑜	Champion	JT	19.90m						
樊璋謙	Champion	DT	29.78m						
蔡明慧	Champion	DT	20.96m						
麥子正	Champion	110mH	14.56s						
招慧欣	Champion	LJ	5.37m						
李瑞才	Champion	SP	11.42m						
郭泳鋒	Champion	JT	48.04m						
蘇柏龍	Champion	100mH	19.26s						
蘇楚淇	Champion	100mH	17.54s						
湯灝賢	Champion	DT							
林紫宇	First runner-up	DT	18.08m						
潘芷然	First runner-up	100mH	20.26s						
溫文琦	First runner-up	100m	12.88s						
凌諾恒	First runner-up	JT	40.19m						
唐穎恩	First runner-up	SP	11.18m						
楊巽祺	First runner-up	JT	20.77m						
張裕誠	First runner-up	DT	40.52m						
謝梓睿	First runner-up	110mH	14.81s						
龍靖玲	First runner-up	DT	31.63m						
呂信儀	First runner-up	DT							
林靖桐	Second runner-up	LJ	4.58m						
蘇庭希	Second runner-up	JT	36.21m						
張文熹	Second runner-up	110mH	14.96s						
趙睿詩	Second runner-up	100mH	21.39s						
姚諾楠	Second runner-up	400m	59.66s						
劉卓威	Second runner-up	DT	31.94m						
蘇俊然	Second runner-up	DT							
<b>-Kid Team:</b>									
周穎詩	Champion								
周穎詩	Champion								
李坤儒	Champion	Standing TJ							
李灝茹	Champion	Standing TJ							
周穎詩	First runner-up	60m							
周穎康	First runner-up	Softball							
Ronny Wong	First runner-up	100mH							
周穎康	Second runner-up	Standing TJ							
陳以信	Second runner-up	Softball							
影童	Second runner-up	HJ	0.95m						
<b>公民田徑錦標賽 2025第3站</b>									
<b>Champion x11 First runner-up x4 Second runner-up x3</b>									
郭泳鋒	Champion	JT	47.16m						
蘇庭希	Champion	DT	31.26m						
溫文琦	Champion	100m	13.26s						
麥子正	Champion	110mH	14.66s						
張文熹	Champion	110mH	14.73s						
蔡子謙	Champion	110mH	16.56s						

梁美怡	Champion	JT	22.88m						
曾麗仁	Champion	LJ	4.32m						
吳思滂	Champion	DT	43.08m						
龍靖玲	Champion	DT	34.38m						
湯灝賢	Champion	DT							
凌諾恆	First runner-up	JT	38.73m						
謝梓睿	First runner-up	110mH	15.28s						
陳敏嘉	First runner-up	DT	33.17m						
樊璋謙	First runner-up	DT	30.33m						
蘇庭希	Second runner-up	JT	37.21m						
蘇宛姿	Second runner-up	100mH	17.60s						
林芷筠	Second runner-up	LJ	3.79m						

### 公民田徑錦標賽第 5 站

#### Champion 7, First runner-up 3, Second runner-up 5

湯灝賢	Champion	DT	44.53m						
麥子正	Champion	110mH	14.27s						
周穎詩	Champion	200m	31.47s						
周穎詩	Champion	HJ	1.10m						
周穎詩	Champion	LJ	3.55m						
蔡子謙	Champion	110mH	15.77s						
李明珠	Champion	100mH	16.82s						
溫文琦	First runner-up	100m	13.14s						
唐穎思	First runner-up	DT	24.42m						
冼澤斌	First runner-up	DT	28.94m						
張文熹	Second runner-up	110mH	15.00s						
黃樂晴	Second runner-up	100mH	21.50s						
黃樂晴	Second runner-up	800m	2m56.3s						
蘇庭希	Second runner-up	JT	41.69m						
潘芷然	Second runner-up	HJ	1.40m						

### 第39屆新界區際田徑運動大會

#### Champion x4 First runner-up x2 Second runner-up x2

蘇宛姿	Champion	100mH	17.02s						
麥子正	Champion	110mH	18.03s						
湯灝賢	Champion	DT	42m						
郭泳鋒	Champion	JT	47.80m						
溫文琦	First runner-up	100m	13.03s						
蘇庭希	First runner-up	JT	43.57m						
蘇楚淇	Second runner-up	100mH	19.81s						
胡文旋	Second runner-up	DT	35.09m						

### WSE Athletics Competitiom - 廣州站

#### First runner-up x3 Second runner-up x1

周穎詩	First runner-up	400m							
周穎詩	First runner-up	800m							
周穎康	First runner-up	800m							
周穎詩	Second runner-up	200m							

<b>全港兒童田徑復活盃 2025</b>				
<b>First runner-up x4</b>		<b>Second runner-up x1</b>		
鄭浚譽	First runner-up	60mH		
鄭浚譽	First runner-up	100m		
鄭浚譽	First runner-up	200m		
羅允兒	First runner-up	20m		
羅允兒	Second runner-up	30m		
<b>114年臺中盃全國中小學田徑賽</b>				
<b>Champion x1</b>				
麥子正	Champion	14.00s		
<b>SCHOOLS SPORTS FEDERATION Inter-school Athletics Competition 2025-2026</b>				
<b>Champion x23</b>		<b>First runner-up x10</b>		
		<b>Second runner-up x4</b>		
		<b>Third runner-up x8</b>		
溫文琦	Champion	200m	26.50s	WTSMC
林靖桐	Champion	LJ	4.28m	SCGS
黃卓樂	Champion	LJ	4.43m	SCGS
曾嘉麗	Champion	LJ	4.60m	LSTC
張文熹	Champion	TJ	12.85m	WTSMC
陳玥滢	Champion	HJ	1.32m	TNSS
潘芷然	Champion	HJ	1.48m	SCGS
劉卓威	Champion	DT	35.89m	HKSS
冼澤斌	Champion	DT	38m	WTSMC
唐穎思	Champion	DT	23.42m	LSTLKKC
蘇庭希	Champion	DT	33.21m	STCC
楊巽祺	Champion	JT	25.47m	SCGS
梁美怡	Champion	JT	28.70m	DMHCSM CR
郭泳鋒	Champion	JT	45.79m	CLS
唐穎恩	Champion	SP	9.07m	LSTLKKC
陳麗嫻	Champion	100mH	17.95s	CLS
謝梓睿	Champion	110mH	14.42s	CLS
林靖桐	Champion	100mH	17.07s	SCGS
何穎曦	Champion	100mH	15.40s	LSTLKKC
曾婉雯	Champion	100mH	16.15s	WTSMC
張文熹	Champion	110mH	14.39s	WTAMC
蔡子謙	Champion	110mH	13.80s	SS
曾嘉麗	Champion	100mH	16.83s	LSTC
溫文琦	First runner-up	100m	12.62s	WTSMC
陳麗嫻	First runner-up	LJ	4.35m	CLS
陳麗齡沅	First runner-up	LJ	4.26m	SCGS
王文雅	First runner-up	DT	20.13m	CLS
郭彬斌	First runner-up	DT	35.31m	SKHKH
梁美怡	First runner-up	DT	21.13m	DMHCSM
唐穎恩	First runner-up	JT	27.68m	LSTLKKC
凌諾恒	First runner-up	JT	44.62m	CFSS
黃卓樂	First runner-up	100mH	18.49s	SCGS
蘇宛姿	First runner-up	100mH	16.66s	SKHKH
蘇宛姿	Second runner-up	LJ	4.61m	SKHKH
孫嘉源	Second runner-up	DT	28.01m	LSTLKKC





周穎康	Champion	壘球							
周穎康	Champion	400m							
黃樂晴	Champion	800m							
黃樂晴	Champion	400m							
洪柏琛	Champion	擲豆袋							
洪柏琛	Champion	60mh							
尹梓睿	First runner-up	豆袋							
黃樂恩	First runner-up	60米障礙賽							
陳儷心	First runner-up	100m							
陳儷心	First runner-up	立定跳遠							
繆卓凝	First runner-up	800m							
繆卓凝	First runner-up	400m							
徐若凡	Second runner-up	立定跳遠							
徐若凡	Second runner-up	60m							
黃樂恩	Second runner-up	擲豆袋							
鄧祉朗	Second runner-up	擲豆袋							
周穎詩	Second runner-up	跳遠							