

# 2023 Achievement

**Champion x73 First runner-up x69 Second runner-up x27 Third runner-up x7**

## Hong Kong Athletics Series 2023 - Series 1

**Champion x2 First runner-up x4 Second runner-up x2**

李明珠	Champion	100mh
吳思澎	Champion	DT
吳思澎	First runner-up	SP
張嘉霖	First runner-up	110mh
張裕誠	First runner-up	DT
黎慧嬌	First runner-up	100mh
Chiu Wai Yan	Second runner-up	JT
陳敏嘉	Second runner-up	DT

## Hong Kong Athletics Series 2023 - Series 2

**Champion x1 First runner-up x1 Second runner-up x4**

吳思澎	Champion	DT
吳思澎	First runner-up	SP
呂信儕	Second runner-up	JT
Tong Ho Yin	Second runner-up	DT
Yee So Wa	Second runner-up	SP
Chiu Wai Yan	Second runner-up	JT

## Hong Kong Athletics Series 2023 - Series 3

**Champion x1**

Chiu Wai Yan	Champion	JT	41.6m
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## Hong Kong Athletics Series 2023 - Series 3

**First runner-up x1 Second runner-up x2**

朱世杰	First runner-up	DT
Tong Ho Yin	Second runner-up	DT
蘇楚淇	Second runner-up	400mh 1m16.14s

## Hong Kong Athletic Championnships 2023

**First runner-up x1 Second runner-up x1**

Chiu Wai Yan	First runner-up	JT	43.94m
Chu Sai Kit	Second runner-up	DT	

## Hong Kong Inter-City Athletics Championships 2023

**Champion x1 First runner-up x2 Second runner-up x5**

張裕誠	Champion	DT	42.08m
麥子正	First runner-up	110mh	14.99s
陳敏嘉	First runner-up	DT	30.32m
林丹妮	Second runner-up	100mh	18.34s
張嘉霖	Second runner-up	110mh	15.51s
張嘉霖	Second runner-up	400mh	58.38s
吳思澎	Second runner-up	DT	39.21m
黎慧嬌	Second runner-up	HT	23.23m

## Hong Kong Athletics Open Meet 2023

**First runner-up x1 Second runner-up x4**

招慧欣	First runner-up	Heptathlon						
湯瀨賢	Second runner-up	DT						
蘇楚淇	Second runner-up	400mh						
余素華	Second runner-up	SP						
余素華	Second runner-up	DT						

### The 61st USFHK Annual Athletic Meet

#### Second runner-up x1

Chu Sai Kit	Second runner-up	DT
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### 66th FOS Youth and Kids Athletics Day 2023

#### Champion x1 First runner-up x5 Second runner-up x3

吳詩澎	Champion	DT	38.62m	
李明珠	First runner-up	100mh	17.06s	
鍾芷甄	First runner-up	100mh	16.40s	
麥子正	First runner-up	LJ	6.21m	
張裕誠	First runner-up	DT	37.11m	
唐穎恩	First runner-up	SP		
麥子正	Second runner-up	110mh	15.00s	
張文熹	Second runner-up	110mh	17.41s	
吳思澎	Second runner-up	SP	12.33m	

### All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2022-2023

#### First runner-up x2 Second runner-up x1

Ng Sze Pang	First runner-up	Shot Put	
Ng Sze Pang	First runner-up	Discus	
Chen Man Ka	Second runner-up	Discus	

### 公民田徑錦標賽 2023第1站

#### Champion x7 First runner-up x6 Second runner-up x3

Mak Tsz Ching	Champion	LJ	6.10m	
Ng Sze Pang	Champion	DT	38.13m	
Tong Ho Yin	Champion	DT	41.16m	
Fan Wai Him	Champion	DT	24.99m	
Chen Man Ka	Champion	DT	27.68m	
Cheung Ka Lam	Champion	110mh	15.93s	
Lai Wai Kiu	Champion	100mh	18.45s	
Li Ming Chu	First runner-up	100mh	18.18s	
Lin Danni	First runner-up	100mh	19.06	
Yu Chun Yat	First runner-up	DT	20.53m	
Leung Chun Hei	First runner-up	DT	23.34m	
Mak Tsz Ching	First runner-up	110mh	14.79s	
Siauw Nam Heung	First runner-up	100mh	20.25	
Tam Chi Fung	Second runner-up	LJ	5.80m	
Leung Wai Yiu	Second runner-up	100mh		
Women B	Second runner-up	4x100m		

### 公民田徑錦標賽 2023第2站

#### Champion x9 First runner-up x4 Second runner-up x1

張裕誠	Champion	DT	40.37m	
蔡明慧	Champion	DT	20.53m	
樊瑋謙	Champion	DT	25.72m	

張承熹	Champion	SP							
蘇柏翹	Champion	SB	34.01m						
張嘉霖	Champion	110mh	16.04s						
麥子正	Champion	110mh	15.66s						
麥子正	Champion	LJ	6.20m						
李瑞才	Champion	SP	9.71m						
Billy Wong	First runner-up	100mh	17.36s						
Braedon	First runner-up	DT	22.71m						
吳思澎	First runner-up	DT	39.31m						
鄧浚謙	First runner-up	LJ							
朱清言	Second runner-up	100m	15.08s						

### 公民田徑錦標賽 2023第3站

Champion x14 First runner-up x14 Second runner-up x4

麥子正	Champion	110mh	14.47s						
蔡子謙	Champion	100mh	16.80s						
Lai Wai Kiu	Champion	100mh	18.6s						
陳敏嘉	Champion	DT	33.14m						
龍靖玲	Champion	DT	29.37m						
manson	Champion	DT	27.61m						
張裕誠	Champion	DT	43.05m						
招慧欣	Champion	SP							
李瑞才	Champion	SP	10.01m						
郭沛熙	Champion	SP	7.42m						
唐穎思	Champion	DT	17.31m						
唐穎恩	Champion	SP	9.66m						
唐穎恩	Champion	JT	20.58m						
張遂祺	Champion	SB	19.85m						
張嘉霖	First runner-up	110mh	15.92s						
謝梓睿	First runner-up	110mh	16.89s						
李明珠	First runner-up	100mh	16.94s						
鍾芷甄	First runner-up	100mh	16.48s						
Lin Danni	First runner-up	LJ	4.08m						
陳衍熹	First runner-up	100m	12.23s						
黃湘瑜	First runner-up	SP	9.30m						
吳思澎	First runner-up	DT	40.59m						
唐穎思	First runner-up	SP	7.16m						
蘇俊賢	First runner-up	JT							
李坤儒	First runner-up	SB							
趙天悅	First runner-up	SB	10.08m						
張承熹	First runner-up	SP							
陳以安	First runner-up	HJ							
蘇楚淇	Second runner-up	100mh	17.74s						
王煒豪	Second runner-up	100mh	17.13s						
Yee So Wa	Second runner-up	SP							
呂信儕	Second runner-up	DT	35.37m						

### Hong Kong Junior Age Group Athletic Competition 2024 - 1

Champion x7 First runner-up x4 Second runner-up x5

吳思澎	U18 MVP								
吳思澎	Champion	SP	11.67m						
吳思澎	Champion	DT	38.96m						
鄧浚謙	Champion	HJ							

張承薰	Champion	SP							
王煒豪	Champion	LJ	4.64m						
林紫宇	Champion	DT	16.20m						
唐穎思	Champion	SP	7.89m						
蘇柏翹	First runner-up	SB							
唐穎思	First runner-up	JT	22.9m						
曾婉雯	First runner-up	DT	16.20m						
張裕誠	First runner-up	DT	38.89m						
張嘉霖	Second runner-up	110mh	16.09s						
麥子正	Second runner-up	LJ	6.14m						
麥子正	Second runner-up	110mh	15.52s						
黃楷翔	Second runner-up	100mh	17.7s						
唐穎恩	Second runner-up	SP	7.62m						

### WAC Annual Challenge 2023

Champion x2 First runner-up x5 Second runner-up x1

吳思澎	Champion	SP							
麥子正	Champion	110mh	14.31s						
陳敏嘉	First runner-up	DT	31.27m						
唐穎恩	First runner-up	SP	9.77						
張裕誠	First runner-up	DT	38.24m						
林紫宇	First runner-up	SP	8.16m						
林紫宇	First runner-up	DT							
鍾芷甄	Second runner-up	100mh	16.68s						

### Hong Kong Junior Age Group Athletics Championships 2023

Champion x1 First runner-up x3 Second runner-up x4

吳思澎	Champion	DT	40.91m						
陳敏嘉	First runner-up	DT	32.80m						
鍾芷甄	First runner-up	100mh	16.82						
陳衍薰	First runner-up	100m	12.23s						
張裕誠	Second runner-up	DT	37.42m						
張嘉霖	Second runner-up	400mh	1m01.73s						
麥子正	Second runner-up	110mh	14.65s						
謝梓睿	Second runner-up	110mh	16.78s						

### 南華體育會第 74 屆全港學界田徑運動會

Champion x2 First runner-up x1 Second runner-up x4

吳思澎	Champion	DT	42.03m						
麥子正	Champion	110mh	14.27s						
張裕誠	First runner-up	DT	40.44m						
黃楷翔	Second runner-up	100mh	16.02s						
李瑞才	Second runner-up	SP	12.11						
鍾芷甄	Second runner-up	100mh	16.38s						
郭泳峰	Second runner-up	JT	41.99m						

### SCHOOLS SPORTS FEDERATION Inter-school Athletics Competition 2022-2023

Champion x23 First runner-up x12 Second runner-up x14 Third runner-up x6

Sprint:									
Wan Man Kei	Champion	200m							
Li Ming Chu	Champion	100m							
朱清言	First runner-up	100m							

Wan Man Kei	Second runner-up	100m						
關澤晞	Second runner-up	400m						
張晉霖	Third runner-up	200m						
伍澤希	Third runner-up	60m						

**Hurdles:**

謝梓睿	Champion	Hurdles						
鍾芷甄	Champion	Hurdles						
Zeng Yuen Man	Champion	Hurdles						
Yeung Tszi Chun	Champion	Hurdles						
Choi Tszi Him	Champion	Hurdles						
Lai Wai Kiu	Champion	Hurdles						
Li Ming Chu	Champion	Hurdles						
Mak Tszi Ching	Champion	Hurdles						
Chan Lok Him	First runner-up	Hurdles						
Cheung Man Hei	First runner-up	Hurdles						
Huang Kai Xiang	Second runner-up	Hurdles						
Li Hon Yiu Matthew	Second runner-up	Hurdles						
Lin Danni	Second runner-up	Hurdles						
Lam Tin Hang Isaac	Second runner-up	Hurdles						
Lai Shun Luo	Second runner-up	Hurdles						
Lin Danni	Second runner-up	Hurdles						
Lam Tin Hang Isaac	Third runner-up	Hurdles						
Lai Shun Luo	Third runner-up	Hurdles						

**Throw Events**

張裕誠	Champion	Discus						
郭泳鋒	Champion	Discus						
Ng Sze Pang	Champion	Discus						
Chen Man Ka	Champion	Discus						
Yeung Cheuk Tat	Champion	Discus						
Cheung Chit Hei	Champion	Discus						
梁靖	First runner-up	Discus						
Hung Hei Yin Ansley	First runner-up	Discus						
Zeng Yuen Man	Second runner-up	Discus						
Tai Ka Man	Second runner-up	Discus						
郭泳鋒	Champion	Javelin						
Lai Wai Kiu	Champion	Javelin						
Cheung Yan Tung	Champion	Javelin						
Wong Ka Cheung	Champion	Javelin						
張裕誠	First runner-up	Javelin						
Chow Shu Sang	First runner-up	Javelin						
Chan Lok Hang	Second runner-up	Javelin						
Chen Man Ka	Champion	Shot Put						
Ng Sze Pang	First runner-up	Shot Put						
Cheung Chit Hei	First runner-up	Shot Put						
Lee Sui Choi	Second runner-up	Shot Put						

**Jump Event:**

Mak Tszi Ching	Champion	Long Jump						
Lin Danni	First runner-up	Long Jump						
Yeung Ho Kiu	First runner-up	Long Jump						
鍾芷甄	Second runner-up	Long Jump						
李翠怡	Third runner-up	Long Jump						
Yeung Ho Kiu	Champion	High Jump						

Zeng Zhaoming	First runner-up	High Jump						
Chan	Second runner-up	High Jump						
Tsang Leanne Lai Yan	Third runner-up	High Jump						
Yeung Tsz Chun	First runner-up	Triple jump						

### 2022-2023年度小學校際田徑比賽：

Champion x1 First runner-up x1 Second runner-up x1 Third runner-up x1

#### 九龍南區

朱清言	First runner-up	100m					
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#### 荃灣區

郭沛熙	Champion	SP					
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#### 港島西區

陳以安	Third runner-up	HJ	115cm				
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#### 西貢區

李坤儒	Second runner-up	LJ	3.43m				
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### 第十五屆兒童奧林匹克田徑錦標賽 2023

First runner-up x1 Second runner-up x3

梁朗軒	First runner-up	SB					
梁朗軒	Second runner-up	100m	15.71s				
梁朗軒	Second runner-up	200m	36.25s				
梁朗晴	Second runner-up	60m					

#### 中西區田徑分齡賽

Champion x1

蘇柏翹	Champion	SB					
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### 112年臺中盃全國中小學田徑賽

First runner-up x1

麥子正	First runner-up	LJ	6.64m				
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