

2019 Achievement									
Champion x18 First runner-up x12 Second runner-up x15 Third runner-up x1									
ASICS Hong Kong Athletic Series 2019 - Series 2									
Second runner-up x1									
Women WTSMC	Second runner-up	4*100m							
ASICS Hong Kong Athletic Series 2019 - Series 3									
Second runner-up x1									
Tong Ho Yin	Second runner-up	DT							
2019公民青少年田徑錦標賽 1									
First runner-up x3									
Wong Sheung Yu	First runner-up	DT							
Cheung Wing Nang	First runner-up	JT	47m						
Tong Ka Wai	First runner-up	110mh							
全港運動會									
Second runner-up x1									
Tong Ho Yin	Second runner-up	DT							
62nd FOS Youth and Kids Athletics Day 2019									
Champion x2 First runner-up x2 Second runner-upx2									
Chiu Wai Yan	Champion	JT							
Chiu Wai Yan	Champion	100m							
Chan Ying Yi	Champion	HT							
Chiu Wai Yan	First runner-up	400m							
Chan Ying Yi	First runner-up	SP							
Long Jing Ling	Second runner-up	100mh							
Chan Ying Yi	Second runner-up	JT							
Hong Kong Inter-City Athletics Championships 2019									
First runner-up x1									
Sy Sai Hung	First runner-up	DT							
ASICS Hong Kong Junior Age Group Athletic Championnships 2019									
Champion x2 First runner-up x2 Second runner-up x4									
Chung Cheuk Lam	Champion	DT							
Chiu Wai Yan	Champion	JT							
Sy Sai Hung	First runner-up	DT							
Cheung Wing Nang	First runner-up	JT							
Long Jing Ling	Second runner-up	100mh							
Wong Sheung Yu	Second runner-up	DT							
Wong Sheung Yu	Second runner-up	SP							
Chiu Wai Yan	Second runner-up	HJ							
Inter-School Athletics Competition 2018-2019 HK Island & Kowloon									
Champion x14 First runner-up x4 Second runner-up x6 Third runner-up x1									
唐嘉琪	Champion	100m							
鄭穎能	Champion	JT							
湯嘉偉	Champion	100mh							
徐慧兒	Champion	LJ							
招慧欣	Champion	400m							
招慧欣	Champion	HJ							
龍靖玲	Champion	100mh							
戴嘉雯	Champion	DT							
何曜鋒	Champion	DT							
陳英怡	Champion	DT							
陳英怡	Champion	JT							
呂信儀	Champion	DT							
鍾卓霖	Champion	DT							

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