

## 2022 Achievement

**Champion x73 First runner-up x69 Second runner-up x27 Third runner-up x7**

### 2022 Jockey Club Hong Kong Coaching Awards

Community Coach Recognition Awards - Tong Ho Yin (Athletics)

### Hong Kong Athletics Series 2022 - Series 1

**Champion x4 First runner-up x2 Second runner-up x1**

Chiu Wai Yan	Champion	JT	38.82m
Chiu Wai Yan	Champion	SP	
Chiu Wai Yan	Champion	DT	
Lu Shun Pan	Champion	JT	
Chiu Wai Yan	First runner-up	100m	
Chan Man Ka	First runner-up	SP	
Tong Ho Yin	Second runner-up	DT	42.17m

### Hong Kong Athletics Series 2022 - Series 2

**Champion x1 First runner-up x2**

Chiu Wai Yan	Champion	Heptathlon	
Tong Ho Yin	First runner-up	DT	

### Hong Kong Athletics Series 2022 - Series 3

**First runner-up x5 Second runner-up x1**

Chiu Wai Yan	First runner-up	JT	
Yee So Wa	First runner-up	SP	
Chan Man Ka	First runner-up	SP	
Chan Man Ka	First runner-up	DT	
Tong Ka Wai	First runner-up	110mh	
Chiu Wai Yan	Second runner-up	DT	

### Hong Kong Athletics Series 2022 - Series 4

**First runner-up x1 Second runner-up x1**

Tong Ho Yin	First runner-up	DT	40.37m
Chiu Wai Yan	Second runner-up	JT	40.02m

### Hong Kong Athletic Championships 2022

**Champion x1 Second runner-up x1**

Tong Ho Yin	Champion	Heptathlon	4149
Chiu Wai Yan	Second runner-up	DT	43.68m

### The 60th USFHK Annual Athletic Meet

**First runner-up x1**

Chiu Wai Yan	First runner-up	JT	

### SCHOOLS SPORTS FEDERATION Inter-school Athletics Competition 2021-2022

**Champion x15 First runner-up x5 Third runner-up x3**

張嘉霖	Champion	100m	
龍靖玲	Champion	100mh	
張嘉霖	Champion	110mh	

謝梓睿	Champion	100mh								
麥子正	Champion	100mh								
李明珠	Champion	100mh								
鍾芷甄	Champion	100mh								
李明珠	Champion	LJ								
麥子正	Champion	LJ								
謝梓睿	Champion	LJ								
鍾卓霖	Champion	DT								
楊卓達	Champion	DT								
Tai Ka Man	Champion	DT								
張裕誠	Champion	JT								
Cheung Yan Tung	Champion	JT								
溫文琦	First runner-up	100m								
陳敏嘉	First runner-up	SP								
黎慧嬌	First runner-up	JT								
何浩軒	First runner-up	JT								
周正元	First runner-up	DT								
龍靖玲	Third runner-up	100m								
李楊鑫	Third runner-up	LJ								
翁旭楠	Third runner-up	HJ								

### All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2021-2022

First runner-up x1

Chen Man Ka	First runner-up	Discus								

### OAKLEY Hong Kong Junior Age Group Athletics Championships 2022

Champion x4 First runner-up x2 Second runner-up x1

Chiu Wai Yan	Champion	Heptathlon								
Chiu Wai Yan	Champion	LJ								
Wong Sheung Yu	Champion	DT								
Wong Sheung Yu	Champion	SP								
Chiu Wai Yan	First runner-up	HJ								
Chiu Wai Yan	First runner-up	JT								
Ng Sze Pang	First runner-up	SP								
Chen Man Ka	First runner-up	DT								
Lu Shun Pan	First runner-up	JT								
Lu Shun Pan	Second runner-up	DT								
Fan Kwok Kuen	Second runner-up	JT								

### WAC Annual Challenge 2022

Champion x2 First runner-up x10 Second runner-

黃湘瑜	Champion	SP								
陳敏嘉	Champion	DT								
Chiu Wai Yan	First runner-up	400mh								
Chiu Wai Yan	First runner-up	TJ								
Chiu Wai Yan	First runner-up	JT								
龍靖玲	First runner-up	100mh								
范國權	First runner-up	JT								
吳思澎	First runner-up	SP								
陳敏嘉SP	First runner-up									
吳詩澎	First runner-up	DT								

呂信儕	First runner-up	DT						
黃湘瑜	First runner-up	DT						
呂信儕	Second runner-up	JT						

### 愉園體育會青少年田徑賽 2022

Champion x4 First runner-up x3 Second runner-up x3

陳敏嘉	Champion	DT						
鍾卓霖	Champion	DT						
張裕誠	Champion	DT						
招慧欣	Champion	JT						
張嘉霖	First runner-up	110mh						
龍靖玲	First runner-up	DT						
呂信儕	First runner-up	DT						
呂信儕	Second runner-up	JT						
龍靖玲	Second runner-up	JT						
陳敏嘉	Second runner-up	SP						

### 公民75周年 鑽禧田徑錦標賽 (第一站)

Champion x7 First runner-up x8 Second runner-up x5

Chiu Wai Yan	Champion	JT						
Tong Ho Yin	Champion	DT						
張裕誠	Champion	DT						
李詠琪	Champion	JT						
樊瑋謙	Champion	DT						
范國權	Champion	JT						
Long Jing Ling	Champion	DT						
Tong Ho Yin	First runner-up	SP						
Chu Sai Kit	First runner-up	DT						
Tai Ka Man	First runner-up	DT						
Long Jing Ling	First runner-up	SP						
麥子正	First runner-up	110mh						
麥子正	First runner-up	LJ						
吳思澎	First runner-up	SP						
吳思澎	First runner-up	DT						
Long Jing Ling	Second runner-up	100mh						
張承熹	Second runner-up	SP						
呂信儕	Second runner-up	SP						
李詠琪	Second runner-up	SP						
蔡明慧	Second runner-up	DT						

### 深水埗區田徑分齡賽

Champion x14 First runner-up x13 Second runner-up x6

陳沿好	Champion	60m						
黃柏軒	Champion	100m						
陳沿好	Champion	100m						
李明珠	Champion	100m						
招慧欣	Champion	100mh						
龍靖玲	Champion	100mh						
張嘉霖	Champion	110mh						
陳敏嘉	Champion	DT						

鐘卓霖	Champion	DT									
招慧欣	Champion	SP									
招慧欣	Champion	JT									
徐慧兒	Champion	JT									
徐慧兒	Champion	LJ									
李明珠	Champion	LJ									
張嘉霖	First runner-up	100m									
謝梓睿	First runner-up	100m									
溫文琦	First runner-up	200m									
黎慧嬌	First runner-up	100mh									
謝梓睿	First runner-up	110mh									
麥子正	First runner-up	110mh									
冼澤斌	First runner-up	SB									
陳敏嘉	First runner-up	SP									
龍靖玲	First runner-up	JT									
龍靖玲	First runner-up	DT									
林丹妮	First runner-up	LJ									
林丹妮	Second runner-up	100mh									
李明珠	Second runner-up	100mh									
張裕誠	Second runner-up	Dt									
麥子正	Second runner-up	LJ									
沈燁	Second runner-up	LJ									
黎慧嬌	Second runner-up	JT									

### 第72屆執委就職 暨頒獎典禮

破記錄運動員獎: 女子青年U20七項全能 Chiu Wai Yan

傑出教練獎: Tong Ho Yin